

South Coast Dermatology

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Pre Injectable Treatment Care:

- Avoid using Aspirin/Motrin, non-steroidal anti-inflammatory medications (ibuprofen), St. John's Wort, or high doses of Flax Seed, Vitamin E or Fish Oil supplements 2 weeks prior to treatment. These may increase bruising or bleeding at the injection sight.
- If you have previously suffered from facial cold sores, discuss it with the Doctor. You may need medications to minimize their recurrence.
- Consider Auriderm Post-Op Gel (available at our office), or Arnica Montana to help reduce bruising immediately applied post treatment.